

PHYSICAL ABUSE

RECOGNIZE & REPORT



USATF

SAFE SPORT

- // Physical signs include unexplained bruises, bite marks, cuts or burns, repetitive motion injuries/stress fractures and/or dehydration*
- // Unusual pattern of injury; repeated trips to the emergency room*
- // Isolation or withdrawal from friends or usual activities*
- // Shrinks at the approach of adults/is watchful/preparing for something bad to happen*
- // Chronic headaches, fatigue, or stomach pain*
- // Depression, fearfulness, anxiety, including panic attacks and PTSD*
- // Abuse of alcohol or other drugs*