

# **HAZING**

**RECOGNIZE & REPORT**



**USATF**

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**SAFE SPORT**

- // Required to carry certain items during practice or meets or performing special tasks for others*
- // Cutting, branding, labeling, or shaving of parts of the body*
- // Appearance of sadness or expressions of inferiority*
- // Changes in sleeping or eating habits*
- // Withdrawal from normal activities or friends; decrease in communication*
- // Shows physical signs such as exhaustion, increased illness, scars, or bruising after joining the organization or team*
- // Feels a sense of loyalty to the group and avoids sharing their concerns or fears with anyone for fear the group might get in trouble.*