

USATF MASTERS OUTDOOR CHAMPIONSHIPS - LEXINGTON, KY 2022

7/28	Thursday Pentathlon
8:00 AM	Pentathlon: #1 M80-89 Long Jump
8:00 AM	Pentathlon: #1 W60-89 80 Short Hurdles
8:30 AM	Pentathlon: #1 M25-49 Long Jump
9:30 AM	Pentathlon: #1 W30-59 80 Short Hurdles
9:30 AM	Pentathlon: #1 M70-79 Long Jump
10:15 AM	Pentathlon: #1 M60-69 Long Jump
11:45 AM	Pentathlon: #1 M55 Long Jump
1:00 PM	Pentathlon: #1 M50 Long Jump

7/28	Thursday Track	
7:00 AM	W65-89 5000 m	Finals
7:00 AM	M80-94 5000 m	Finals
8:30 AM	M65-79 5000 m	Finals
8:55 AM	W55-64 5000 m	Finals
10:00 AM	M55-64 5000 m	Finals
10:30 AM	W25-54 5000 m	Finals
11:00 AM	M25-54 5000 m	Finals
12:00 PM	W65 400 m	Prelims
12:05 PM	M75 400 m	Prelims
12:11 PM	M70 400 m	Prelims
12:17 PM	M65 400 m	Prelims
12:23 PM	M60 400 m	Prelims
12:30 PM	M55 400 m	Prelims
12:40 PM	M50 400 m	Prelims
12:50 PM	M45 400 m	Prelims
1:00 PM	M40 400 m	Prelims
1:10 PM	M35 400 m	Prelims
1:20 PM	M30 400 m	Prelims

7/28	Thursday Field	
8:00 AM	M60 Shot Put	Finals
8:00 AM	M80-94 Shot Put	Finals
8:00 AM	W75-94 Hammer	Finals
9:00 AM	M65 Shot Put	Finals
9:15 AM	W60-74 Hammer	Finals
9:15 AM	W75-94 Weight Throw	Finals
10:45 AM	M50 Shot Put	Finals
11:00 AM	W25-59 Hammer	Finals
11:00 AM	W60-74 Weight Throw	Finals
12:30 PM	W25-59 Weight Throw	Finals
1:15 PM	M55 Shot Put	Finals
2:00 PM	M70-79 Shot Put	Finals
2:45 PM	M25-49 Shot Put	Finals

7/29	Friday Track	
8:00 AM	M75-84 5000 m Race Walk	Finals
8:00 AM	W70-79 5000 m Race Walk	Finals
8:45 AM	W35-69 5000 m Race Walk	Finals
9:30 AM	M35-74 5000 m Race Walk	Finals
10:15 AM	M70 80 Short Hurdles 30"	Prelims
10:25 AM	M60 100 Short Hurdles 33"	Prelims
10:45 AM	W65-89 2000 m Steeplechase	Finals
11:05 AM	W25-64 2000 m Steeplechase	Finals
11:20 AM	M70-94 2000 m Steeplechase	Finals
11:40 AM	M60-69 2000 m Steeplechase	Finals
12:05 PM	M50-59 3000 m Steeplechase	Finals
12:25 PM	M30-49 3000 m Steeplechase	Finals
1:00 PM	W80-99 400 m	Finals
1:04 PM	W75 400 m	Finals
1:08 PM	W70 400 m	Finals
1:12 PM	W65 400 m	Finals
1:16 PM	W60 400 m	Finals
1:20 PM	W55 400 m	Finals
1:24 PM	W50 400 m	Finals
1:28 PM	W45 400 m	Finals
1:32 PM	W40 400 m	Finals
1:36 PM	W35 400 m	Finals
1:40 PM	W25-34 400 m	Finals
1:44 PM	M85-99 400 m	Finals
1:48 PM	M80 400 m	Finals
1:52 PM	M75 400 m	Finals
1:56 PM	M70 400 m	Finals
2:00 PM	M65 400 m	Finals
2:04 PM	M60 400 m	Finals
2:08 PM	M55 400 m	Finals
2:12 PM	M50 400 m	Finals
2:16 PM	M45 400 m	Finals
2:20 PM	M40 400 m	Finals
2:24 PM	M35 400 m	Finals
2:28 PM	M30 400 m	Finals
2:32 PM	M25-29 400 m	Finals
2:45 PM	W70-89 80 Short Hurdles 27"	Finals
2:49 PM	W65 80 Short Hurdles 27"	Finals
2:53 PM	W60 80 Short Hurdles 27"	Finals
2:57 PM	M85 80 Short Hurdles 27"	Finals
3:01 PM	M80 80 Short Hurdles 27"	Finals
3:10 PM	W55 80 Short Hurdles 30"	Finals
3:14 PM	W50 80 Short Hurdles 30"	Finals
3:18 PM	M75 80 Short Hurdles 30"	Finals
3:21 PM	M70 80 Short Hurdles 30"	Finals
3:30 PM	W45 80 Short Hurdles 30"	Finals
3:34 PM	W40 80 Short Hurdles 30"	Finals
3:40 PM	M65 100 Short Hurdles 33"	Finals
3:44 PM	M60 100 Short Hurdles 33"	Finals

7/29	Friday Track	
3:50 PM	W25-39 100 Short Hurdles 33"	Finals
4:00 PM	M55 100 Short Hurdles 36"	Finals
4:04 PM	M50 100 Short Hurdles 36"	Finals
4:10 PM	M45 110 Short Hurdles 39"	Finals
4:14 PM	M40 110 Short Hurdles 39"	Finals
4:18 PM	M35 110 Short Hurdles 39"	Finals
4:22 PM	M25-34 110 Short Hurdles 39"	Finals
4:30 PM	W65 100 m	Prelims
4:32 PM	W60 100 m	Prelims
4:34 PM	W55 100 m	Prelims
4:36 PM	W50 100 m	Prelims
4:40 PM	W45 100 m	Prelims
4:42 PM	M80 100m	Prelims
4:46 PM	M75 100m	Prelims
4:50 PM	M70 100 m	Prelims
4:56 PM	M65 100 m	Prelims
5:02 PM	M60 100 m	Prelims
5:12 PM	M55 100 m	Prelims
5:22 PM	M50 100 m	Prelims
5:32 PM	M45 100 m	Prelims
5:40 PM	M40 100 m	Prelims
5:48 PM	M35 100 m	Prelims
5:54 PM	M25 100 m	Prelims
6:15 PM	Shuttle Hurdle Relays	Finals

7/29	Friday Field	
8:30 AM	M75-89 Triple Jump	Finals
8:30 AM	M70 High Jump	Finals
8:30 AM	M65 Javelin	Finals
8:30 AM	W75-94 Discus	Finals
8:30 AM	M50-59 Hammer	Finals
9:00 AM	W25-44 Long Jump	Finals
10:00 AM	M60 Javelin	Finals
10:15 AM	M60-69 Triple Jump	Finals
10:15 AM	M75-89 High Jump	Finals
10:15 AM	W60 Discus	Finals
10:45 AM	M25-49 Hammer	Finals
10:45 AM	M50-59 Weight Throw	Finals
11:00 AM	W45-59 Long Jump	Finals
11:00 AM	M25-59 Pole Vault	Finals
11:15 AM	W65-74 Discus	Finals
11:30 AM	M80-99 Javelin	Finals
12:15 PM	M70 Triple Jump	Finals
12:45 PM	W60-94 Long Jump	Finals
12:45 PM	M65 High Jump	Finals
12:45 PM	M25-49 Weight Throw	Finals
1:00 PM	M70 Javelin	Finals
1:00 PM	W50-59 Discus	Finals
2:30 PM	M60 High Jump	Finals
2:30 PM	M75 Javelin	Finals
2:45 PM	W25-49 Discus	Finals

7/30	Saturday Track	
7:00 AM	W65-89 10000 m	Finals
7:00 AM	M65-89 10000 m	Finals
8:30 AM	W25-64 10000 m	Finals
9:30 AM	M35-64 10000 m	Finals
10:30 AM	M65 300 Long Hurdles 30"	Prelims
10:33 AM	M60 300 Long Hurdles 30"	Prelims
10:45 AM	W85-99 100 m	Finals
10:48 AM	W80 100 m	Finals
10:51 AM	W75 100 m	Finals
10:54 AM	W70 100 m	Finals
10:57 AM	W65 100 m	Finals
11:00 AM	W60 100 m	Finals
11:04 AM	W55 100 m	Finals
11:08 AM	W50 100 m	Finals
11:12 AM	W45 100 m	Finals
11:16 AM	W40 100 m	Finals
11:20 AM	W35 100 m	Finals
11:24 AM	W25-34 100 m	Finals
11:28 AM	M85-99 100 m	Finals
11:31 AM	M80 100 m	Finals
11:34 AM	M75 100 m	Finals
11:37 AM	M70 100 m	Finals
11:40 AM	M65 100 m	Finals
11:43 AM	M60 100 m	Finals
11:47 AM	M55 100 m	Finals
11:51 AM	M50 100 m	Finals
11:55 AM	M45 100 m	Finals
11:59 AM	M40 100 m	Finals
12:03 PM	M35 100 m	Finals
12:07 PM	M30 100 m	Finals
12:11 PM	M25-29 100 m	Finals
12:20 PM	W75-99 800 m	Finals
12:27 PM	W70 800 m	Finals
12:32 PM	W65 800 m	Finals
12:37 PM	W60 800 m	Finals
12:41 PM	W55 800 m	Finals
12:45 PM	W50 800 m	Finals
12:49 PM	W45 800 m	Finals
12:53 PM	W40 800 m	Finals
12:57 PM	W25-39 800 m	Finals
1:00 PM	M80-99 800 m	Finals
1:07 PM	M75 800 m	Finals
1:12 PM	M70 800 m	Finals
1:17 PM	M65 800 m	Finals
1:21 PM	M60 800 m	Finals
1:30 PM	M55 800 m	Finals
1:35 PM	M50 800 m	Finals
1:40 PM	M45 800 m	Finals
1:45 PM	M40 800 m	Finals

7/30	Saturday Track	
1:50 PM	M35 800 m	Finals
1:55 PM	M25-34 800 m	Finals
2:00 PM	W65 200 m	Prelims
2:03 PM	W60 200 m	Prelims
2:06 PM	W55 200 m	Prelims
2:10 PM	W50 200 m	Prelims
2:18 PM	W45 200 m	Prelims
2:21 PM	M75 200 m	Prelims
2:30 PM	M70 200 m	Prelims
2:38 PM	M65 200 m	Prelims
2:46 PM	M60 200 m	Prelims
3:00 PM	M55 200 m	Prelims
3:10 PM	M50 200 m	Prelims
3:20 PM	M45 200 m	Prelims
3:30 PM	M40 200 m	Prelims
3:40 PM	M35 200 m	Prelims
3:50 PM	M30 200 m	Prelims
4:30 PM	4x800 m Relay	Finals

7/30	Saturday Field	
8:15 AM	M35-44 Long Jump	Finals
8:15 AM	W25-59 Triple Jump	Finals
8:15 AM	W75-94 Javelin	Finals
8:15 AM	M25-39 Discus	Finals
8:15 AM	M80-94 Hammer	Finals
9:00 AM	M70-89 Pole Vault	Finals
9:45 AM	W65-74 Javelin	Finals
9:45 AM	M40-49 Discus	Finals
10:00 AM	M70-79 Hammer	Finals
10:00 AM	M80-94 Weight Throw	Finals
10:15 AM	M25-34 Long Jump	Finals
10:15 AM	W60-94 Triple Jump	Finals
10:15 AM	W25-59 High Jump	Finals
11:15 AM	W60 Javelin	Finals
11:15 AM	M50 Discus	Finals
11:45 AM	M45 Long Jump	Finals
11:45 AM	M60 Pole Vault	Finals
11:45 AM	M65 Hammer	Finals
11:45 AM	M70-79 Weight Throw	Finals
12:30 PM	W25-49 Javelin	Finals
12:45 PM	M50 Long Jump	Finals
12:45 PM	M55 Discus	Finals
1:15 PM	W60-89 High Jump	Finals
1:15 PM	M60 Hammer	Finals
1:15 PM	M65 Weight Throw	Finals
1:45 PM	M65 Pole Vault	Finals
2:15 PM	W50-59 Javelin	Finals
2:30 PM	M55 Long Jump	Finals
2:45 PM	M60 Weight Throw	Finals

7/31	Sunday Road	
6:30 AM	M30-94 10000 m Race Walk	Finals
6:30 AM	W30-79 10000 m Race Walk	Finals

7/31	Sunday Track	
8:00 AM	W70-99 1500 m	Finals
8:15 AM	W65 1500 m	Finals
8:25 AM	W60 1500 m	Finals
8:35 AM	W50-59 1500 m	Finals
8:45 AM	W40-49 1500 m	Finals
8:53 AM	W25-39 1500 m	Finals
9:01 AM	M75-99 1500 m	Finals
9:16 AM	M70 1500 m	Finals
9:25 AM	M65 1500 m	Finals
9:34 AM	M60 1500 m	Finals
9:43 AM	M55 1500 m	Finals
9:52 AM	M50 1500 m	Finals
10:01 AM	M45 1500 m	Finals
10:10 AM	M40 1500 m	Finals
10:19 AM	M25-39 1500 m	Finals
10:30 AM	W70-89 200 Long Hurdles 27'	Finals
10:34 AM	M80-89 200 Long Hurdles 27'	Finals
10:40 AM	M75 300 Long Hurdles 27"	Finals
10:45 AM	M70 300 Long Hurdles 27"	Finals
10:50 AM	W65 300 Long Hurdles 27"	Finals
10:55 AM	W60 300 Long Hurdles 27"	Finals
11:05 AM	M65 300 Long Hurdles 30"	Finals
11:10 AM	M60 300 Long Hurdles 30"	Finals
11:20 AM	W50-59 300 Long Hurdles 30'	Finals
11:25 AM	W40-49 400 Long Hurdles 30'	Finals
11:30 AM	W25-39 400 Long Hurdles 30'	Finals
11:40 AM	M55 400 Long Hurdles 33"	Finals
11:45 AM	M50 400 Long Hurdles 33"	Finals
11:55 AM	M45 400 Long Hurdles 36"	Finals
12:00 PM	M40 400 Long Hurdles 36"	Finals
12:05 PM	M25-39 400 Long Hurdles 36'	Finals
12:15 PM	W85-99 200 m	Finals
12:19 PM	W80 200 m	Finals
12:23 PM	W75 200 m	Finals
12:27 PM	W70 200 m	Finals
12:31 PM	W65 200 m	Finals
12:35 PM	W60 200 m	Finals
12:39 PM	W55 200 m	Finals
12:43 PM	W50 200 m	Finals
12:47 PM	W45 200 m	Finals
12:51 PM	W40 200 m	Finals
12:55 PM	W35 200 m	Finals
12:59 PM	W25-34 200 m	Finals
1:03 PM	M85-99 200 m	Finals

7/31	Sunday Track	
1:07 PM	M80 200 m	Finals
1:11 PM	M75 200 m	Finals
1:15 PM	M70 200 m	Finals
1:19 PM	M65 200 m	Finals
1:23 PM	M60 200 m	Finals
1:27 PM	M55 200 m	Finals
1:31 PM	M50 200 m	Finals
1:35 PM	M45 200 m	Finals
1:39 PM	M40 200 m	Finals
1:43 PM	M35 200 m	Finals
1:47 PM	M30 200 m	Finals
1:51 PM	M25-29 200 m	Finals
2:15 PM	4x100 m Relay	Finals
2:40 PM	4x400 m Relay	Finals

7/31	Sunday Field	
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7/31	Sunday Field	
8:00 AM	M75-99 Long Jump	Finals
8:00 AM	M25-49 Triple Jump	Finals
8:00 AM	W75-94 Shot Put	Finals
8:30 AM	W25-59 Pole Vault	Finals
8:30 AM	M65 Discus	Finals
8:30 AM	M25-44 Javelin	Finals
9:00 AM	W65-74 Shot Put	Finals
9:45 AM	M25-49 High Jump	Finals
10:00 AM	M70 Long Jump	Finals
10:00 AM	M50-59 Triple Jump	Finals
10:15 AM	M60 Discus	Finals
10:15 AM	M45 Javelin	Finals
10:45 AM	W60 Shot Put	Finals
11:30 AM	M65 Long Jump	Finals
11:30 AM	W60-89 Pole Vault	Finals
11:30 AM	M70-79 Discus	Finals
11:30 AM	M50-59 Javelin	Finals
11:45 AM	W50-59 Shot Put	Finals
12:00 PM	M50-59 High Jump	Finals
1:00 PM	M60 Long Jump	Finals
1:15 PM	W25-49 Shot Put	Finals
1:15 PM	M80-99 Discus	Finals