



JOIN IN ON THE FUN!

LEARN TO RUN FAST. JUMP HIGH. THROW FAR.

USA Track & Field and Hershey teamed up to create RunJumpThrow (RJT), a hands-on learning program to get kids excited about physical activity by introducing them to basic running, jumping and throwing skills through track and field. RJT offers a variety of activity stations including agility, relays, jumping, throwing, hurdle drills and and much more.

FREE EVENT FOR ALL!

DATE & TIME:

WHERE:

SIGN-UP AT:

CONTACT:

[USATF.ORG/RUNJUMPTHROW](https://www.usatf.org/runjumpthrow)